	How many wheals/ erythemas have appeared during the last 24 hours?	What size did most of these wheals/ erythemas have during the last 24 hours?	For how many hours did you have wheals/ erythemas during the last 24 hours?	For how many hours did the longest-lasting wheals/ erythemas keep up during the last 24 hours?	Were there large confluent areas of wheals during the last 24 hours?
Wheals					
yes →	☐ <20	☐ <1 cm	☐ <3 hours	☐ <3 hours	☐ yes
☐ no	☐ 20-50	☐ 1-5 cm	☐ 3-12 hours	☐ 3-24 hours	☐ no
	☐ >50	☐ >5 cm	☐ >12 hours	☐ >24 hours	
Erythema					
yes →	☐ <20	☐ <1 cm	☐ <3 hours	☐ <3 hours	
☐ no	☐ 20-50	☐ 1-5 cm	☐ 3-12 hours	☐ 3-24 hours	
	☐ >50	☐ >5 cm	☐ >12 hours	☐ >24 hours	

	Please choose the category that best describes your angioedema(s) during the last 24 hours?	How severe were the complaints caused by edema during the last 24 hours?
Angioedema		
yes →	☐ small / mild	☐ mild
☐ no	☐ moderate	☐ moderate
	☐ large/ severe	☐ severe

	How many hours did you experience itch during the last 24 hours?	How severe was the itch during the last 24 hours?
Itch / Pruritus		
yes →	☐ <3 hours	☐ mild
☐ no	☐ 3-12 hours	☐ moderate
	☐ >12 hours	☐ severe

Please rate the severity of your urticaria complaints:

☐ no complaints ☐ mild complaints ☐ moderate complaints ☐ severe complaints

Intake of antihistamines due to unbearable itch:

drug (dose in mg)	intake (morning noon evening night) (e.g. 1-0-1-0)
_____	_____
_____	_____

Intake of other drugs:

drug (dose in mg)	intake (e.g. 1-0-1-0)
_____	_____

Have you taken your prescribed drugs as usual?

☐ yes ☐ no, because _____

Please note possible triggers of your urticaria symptoms:

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____

_____