



<b>Episode 42: Chronic Urticaria: A Latin American Perspective</b>	Maximiliano Gómez	Peru	In this episode, Dr Maximiliano Gómez shares his tips and tricks for improving the diagnosis and management of chronic urticaria and calls for wider dissemination of good quality information to patients living in Argentina and beyond.	<a href="https://open.spotify.com/episode/42xirN2O48UeGWSJZWhFD7si=OV2u452-Sx5Wxbz7Grvnpn">https://open.spotify.com/episode/42xirN2O48UeGWSJZWhFD7si=OV2u452-Sx5Wxbz7Grvnpn</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-42-chronic-urticaria-a-latin-american-perspective/id1534168851?i=1000565364547">https://podcasts.apple.com/gb/podcast/episode-e-42-chronic-urticaria-a-latin-american-perspective/id1534168851?i=1000565364547</a>
<b>Episode 43: Chronic Urticaria: A South-African Perspective</b>	Jonny Peters	South Africa	Hear Associate Professor Jonathan Peter (Division of Allergy and Clinical Immunology, Department of Medicine, University of Cape Town, South Africa; Allergy and Immunology Unit, University of Cape Town Lung Institute, South Africa) explain regional differences in urticaria in South Africa, with a focus on epidemiology, patient beliefs and education, and the CRUSE App	<a href="https://open.spotify.com/episode/1IUc8N6WY5bPvYlankwTVU7si=yutn4zRITiaHLeHdRsgU_A">https://open.spotify.com/episode/1IUc8N6WY5bPvYlankwTVU7si=yutn4zRITiaHLeHdRsgU_A</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-43-chronic-urticaria-a-south-african-perspective/id1534168851?i=1000567235164">https://podcasts.apple.com/gb/podcast/episode-e-43-chronic-urticaria-a-south-african-perspective/id1534168851?i=1000567235164</a>
<b>Episode 44: COVID 19 Vaccinations</b>	Emek Kocatürk Göncü	Turkey	Prof. Emek Kocatürk joins Professor Marcus Maurer in this episode of All Things Urticaria to discuss the effects of the COVID 19 pandemic on CSU patients, and how COVID 19 vaccines impacted the exacerbation of chronic spontaneous urticaria as part of the COVAC-CU study.	<a href="https://open.spotify.com/episode/2j0582RkmrB6iPlttxHLA7si=phP4JR6zQBef9m9ZnppYFow">https://open.spotify.com/episode/2j0582RkmrB6iPlttxHLA7si=phP4JR6zQBef9m9ZnppYFow</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-44-all-things-urticaria-covid-19-vaccinations/id1534168851?i=1000568864204">https://podcasts.apple.com/gb/podcast/episode-e-44-all-things-urticaria-covid-19-vaccinations/id1534168851?i=1000568864204</a>
<b>Episode 45: Chronic Urticaria: A Turkish Perspective</b>	Murat Türk and Ragıp Ertuş (ragipertas@gmail.com)	Turkey	Professor Marcus Maurer is joined by Dr Murat Türk and Dr Ragıp Ertuş of UCARE in Turkey to discuss advancements in the treatments of urticaria, with a special focus on the implementation of artificial intelligence and machine learning.	<a href="https://open.spotify.com/episode/725PTJn8l6Vc3mAvYf5ux7si=tbmgq6GLQH-6G03lG6AHLPO">https://open.spotify.com/episode/725PTJn8l6Vc3mAvYf5ux7si=tbmgq6GLQH-6G03lG6AHLPO</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-45-a-turkish-perspective/id1534168851?i=1000574877711">https://podcasts.apple.com/gb/podcast/episode-e-45-a-turkish-perspective/id1534168851?i=1000574877711</a>
<b>Episode 46: Chronic Urticaria: A Chinese Perspective</b>	Zuotao Zhao	China	During this episode, Professor Marcus Maurer is joined by Dr Zuotao Zhao of Beijing Medical University, China, to discuss the growing problem of chronic spontaneous urticaria within the Chinese population and delve into possible causes of such a high incidence.	<a href="https://open.spotify.com/episode/6ShZMe4WV4PZVxjDmW7si=FhKNHhKtQ9Q3YSXCWYCO">https://open.spotify.com/episode/6ShZMe4WV4PZVxjDmW7si=FhKNHhKtQ9Q3YSXCWYCO</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-46-chronic-urticaria-a-chinese-perspective/id1534168851?i=1000577447771">https://podcasts.apple.com/gb/podcast/episode-e-46-chronic-urticaria-a-chinese-perspective/id1534168851?i=1000577447771</a>
<b>Episode 48: Patient advocacy and seeing through the patient's eyes</b>	Elaine Dery	Canada	In this episode Professor Marcus Maurer is joined by patient and patient advocate Elaine, who experiences chronic urticaria. She highlights the importance of connecting patients with each other, and discusses the opportunities that arise when patients work together with healthcare professionals.	<a href="https://open.spotify.com/episode/4uNHNDU9Do8vWv07bR7si=KakTAPQEm7hnoni_zYA">https://open.spotify.com/episode/4uNHNDU9Do8vWv07bR7si=KakTAPQEm7hnoni_zYA</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-48-patient-advocacy-and-seeing-through/id1534168851?i=1000580294317">https://podcasts.apple.com/gb/podcast/episode-e-48-patient-advocacy-and-seeing-through/id1534168851?i=1000580294317</a>
<b>Episode 50: The Development of Treating Urticaria over the last two decades</b>	Luis Felipe Ensina	Brazil	Professor Marcus Maurer is joined by Professor Luis Felipe Ensina where they discuss the founding days of urticaria treatment, and how urticaria clinics became available. Professor Maurer and Professor Ensina discussed how the treatment landscape, diagnostic techniques and further developments in the advancement of how clinicians treat patients with urticaria have evolved over the last two decades.	<a href="https://open.spotify.com/episode/6Gsfar11Cfcu1xclwan7si=TiQvY7UkOm-xH7yM0QdIQ">https://open.spotify.com/episode/6Gsfar11Cfcu1xclwan7si=TiQvY7UkOm-xH7yM0QdIQ</a>	<a href="https://podcasts.apple.com/de/podcast/episode-e-50-the-development-of-treating-urticaria/id1534168851?i=1000586261447">https://podcasts.apple.com/de/podcast/episode-e-50-the-development-of-treating-urticaria/id1534168851?i=1000586261447</a>
<b>Episode 51: Chronic Spontaneous Urticaria: Never Give Up</b>	Silvia Ferrucci	Italy	In this episode, Professor Silvia Ferrucci joins Professor Marcus Maurer in discussing what the phrase 'Never Give Up' means to physicians treating urticaria, and for patients embarking on their treatment journey. Areas of special focus are given to guideline treatment algorithms and the implementation of the CRUSE app and Chronic Urticaria Registry (CURE) as tools to shift the balance of treating urticaria	<a href="https://open.spotify.com/episode/0ShXQ4zYdbY0YtuqIPip7si=CbcaaiHfs-LchpGMP3BA">https://open.spotify.com/episode/0ShXQ4zYdbY0YtuqIPip7si=CbcaaiHfs-LchpGMP3BA</a>	<a href="https://podcasts.apple.com/de/podcast/episode-e-51-chronic-spontaneous-urticaria-never-give-up/id1534168851?i=1000587954049">https://podcasts.apple.com/de/podcast/episode-e-51-chronic-spontaneous-urticaria-never-give-up/id1534168851?i=1000587954049</a>
<b>Episode 53: Recurrent Angioedema in Chronic Spontaneous Urticaria</b>	Aslı Gelincik	Turkey	Professor Marcus Maurer is joined by Professor Aslı Gelincik as they discuss recurrent angioedema in chronic spontaneous urticaria, and treatment options which are currently available to alleviate this pathology. The mechanistic actions of mast cell-mediated angioedema and bradykinin-mediated angioedema are discussed and their implications are analysed.	<a href="https://open.spotify.com/episode/0iGUnAu00XnuwGXyHOC1577si=VrsMaBa5eHetzdUk3d_gA">https://open.spotify.com/episode/0iGUnAu00XnuwGXyHOC1577si=VrsMaBa5eHetzdUk3d_gA</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-53-recurrent-angioedema-in-chronic-spontaneous/id1534168851?i=1000593240990">https://podcasts.apple.com/gb/podcast/episode-e-53-recurrent-angioedema-in-chronic-spontaneous/id1534168851?i=1000593240990</a>
<b>Episode 55: Delayed Pressure Urticaria in the CSU Landscape</b>	Alicja Kasperska-Zajac	Poland	Professor Alicja Kasperska-Zajac joins Professor Marcus Maurer to discuss a rare form of chronic inducible urticaria – delayed pressure urticaria. The discussion highlights the difficulties in undertaking differential diagnosis and the main differences when compared to chronic spontaneous urticaria, namely the absence of oedema and wheals.	<a href="https://open.spotify.com/episode/2ymQmMYUib7HSRFFHRVvof7si=fqQ-hGerTeb16H2x4uA">https://open.spotify.com/episode/2ymQmMYUib7HSRFFHRVvof7si=fqQ-hGerTeb16H2x4uA</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-55-delayed-pressure-urticaria-in-the-csu-landscape/id1534168851?i=1000598621172">https://podcasts.apple.com/gb/podcast/episode-e-55-delayed-pressure-urticaria-in-the-csu-landscape/id1534168851?i=1000598621172</a>
<b>Episode 58: Symptomatic dermographism in Chronic Urticaria</b>	Melba Munoz	Germany	Professor Marcus Maurer is joined by Dr Melba Munoz to take a deep dive into symptomatic dermographism. The discussion aims to explain the involvement of mast cells in CSU patients and attempts to answer some ongoing questions to help unravel the pathogenesis of dermographism in chronic urticaria.	<a href="https://open.spotify.com/episode/283z74VjRv69ubvAcaks7si=y7gyx3SGSv4EaC7HwQ">https://open.spotify.com/episode/283z74VjRv69ubvAcaks7si=y7gyx3SGSv4EaC7HwQ</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-58-symptomatic-dermographism-in-chronic-urticaria/id1534168851?i=1000605023952">https://podcasts.apple.com/gb/podcast/episode-e-58-symptomatic-dermographism-in-chronic-urticaria/id1534168851?i=1000605023952</a>
<b>Episode 60 - Updates from AAAAI Conference 2023</b>	Luis Ensina	Brazil	Professors Marcus Maurer and Luis Felipe Ensina deliberate on the most recent findings that emerged at The American Academy of Allergy, Asthma & Immunology (AAAAI) conference held in San Antonio, Texas. In particular, Professor Maurer discusses poster presentations concerning the efficacious use of omalizumab and dupilumab for the management of urticaria. Professor Ensina expands the discussion by outlining ongoing projects and upcoming projects within UCARE that will be presented at the forthcoming UCARE conference in São Paulo in 2023.	<a href="https://open.spotify.com/episode/10K57XE7cpIPDCE6wT9XB17si=TSSPFKZYR6KpUjJgrh84PTw">https://open.spotify.com/episode/10K57XE7cpIPDCE6wT9XB17si=TSSPFKZYR6KpUjJgrh84PTw</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-60-updates-from-aaaai-conference-2023/id1534168851?i=1000610541063">https://podcasts.apple.com/gb/podcast/episode-e-60-updates-from-aaaai-conference-2023/id1534168851?i=1000610541063</a>
<b>Episode 61: Bruton's tyrosine kinase inhibitors in the treatment of CSU</b>	Luisa Karla Arruda	Brazil	Professor Karla Arruda and Professor Marcus Maurer discuss the development and implementation of UCARE in Brazil, and its potential benefits for individuals suffering from chronic spontaneous urticaria (CSU). The conversation extends towards exploring the framework of the Brazilian UCARE centres and projects, and how it can be implemented in other countries. Professor Maurer delves into the clinical efficacy, advantages, and impact on patient quality of life of utilising Bruton's tyrosine kinase inhibitors for the treatment of CSU, along with further discussion of alternative treatments.	<a href="https://open.spotify.com/episode/5nl9RvG9v0b586Q2j2HXU7si=E3z7lk9vT4GEuxzXm13RC">https://open.spotify.com/episode/5nl9RvG9v0b586Q2j2HXU7si=E3z7lk9vT4GEuxzXm13RC</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-61-brutons-tyrosine-kinase-inhibitors-in-the/id1534168851?i=1000611889925">https://podcasts.apple.com/gb/podcast/episode-e-61-brutons-tyrosine-kinase-inhibitors-in-the/id1534168851?i=1000611889925</a>
<b>Episode 62: The role of angioedema in the treatment of CSU</b>	Marc Riedl	USA	Professor Marcus Maurer is accompanied by Professor Marc Riedl to delve into the symptomatology and pathophysiology of angioedema within the context of CSU pathology is also explored. Professor Marc Riedl examines therapeutic treatments for patients concurrently experiencing angioedema in CSU while exploring how the characterisation of autoimmune and auto allergic pathophysiological mechanisms can impact treatment decisions.  Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here.  For more information on all UCARE activities please visit: <a href="https://jga2len-ucare.com/">https://jga2len-ucare.com/</a> and utilise the following external links to access additional resources relating to the topics discussed in this episode:  Angioedema - Ten Questions, Differences and Similarities in the Mechanisms and Clinical Expression of Bradykinin-Mediated vs. Mast Cell-Mediated Angioedema, WAO/EAACI guideline for HAE, The international EAACI/GA <sup>2</sup> LEN/EuroGuiDerm/APAAACI guideline for the definition, classification, diagnosis, and management of urticaria, and Consensus on treatment goals in hereditary angioedema.	<a href="https://open.spotify.com/episode/63BvYyC0Bf9QV2bhpCb77si=L3m0eVeeSf-9mHaaqG4ox">https://open.spotify.com/episode/63BvYyC0Bf9QV2bhpCb77si=L3m0eVeeSf-9mHaaqG4ox</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-62-the-role-of-angioedema-in-the-treatment-of-csu/id1534168851?i=1000614967429">https://podcasts.apple.com/gb/podcast/episode-e-62-the-role-of-angioedema-in-the-treatment-of-csu/id1534168851?i=1000614967429</a>
<b>Episode 64: Urticaria - A general practitioner's perspective</b>	Dermot Ryan	UK	Professor Marcus Maurer is joined by GP Dr Dermot Ryan to discuss the role of GPs in the diagnosis and management of chronic urticaria. Professor Maurer and Dr Ryan highlight the positive impact that physicians have in limiting patient distress while increasing patient confidence, despite the time-limited interactions. They also explore the impact of mistreatment on a patient's life.  Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here.  Utilise the following external links to access additional resources relating to the topics discussed in this episode:  The international EAACI/GA <sup>2</sup> LEN/EuroGuiDerm/APAAACI guideline for the definition and Clinical review: The suggested management pathway for urticaria in primary care.  Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podcast episodes!  For more information about the UCARE/ACARE network and its activities please visit: UCARE Website, UCARE LevelUp Program, ACARE Website, UCARE 4U Website, UDAY Website, CRUSE Control App and CURE Registry.	<a href="https://open.spotify.com/episode/1itUom5YjNc7TdAvyOYNpec7si=M0aefp2TRXSNpsGUK8VJk">https://open.spotify.com/episode/1itUom5YjNc7TdAvyOYNpec7si=M0aefp2TRXSNpsGUK8VJk</a>	<a href="https://podcasts.apple.com/gb/podcast/episode-e-64-urticaria-a-general-practitioners-perspective/id1534168851?i=1000618105876">https://podcasts.apple.com/gb/podcast/episode-e-64-urticaria-a-general-practitioners-perspective/id1534168851?i=1000618105876</a>

<p>Episode 65: Audience proposed question - Guidance for potential treatments of CSU</p>	<p>Martin Metz</p>	<p>Germany</p>	<p>Professor Martin Metz joins Professor Marcus Maurer to answer an audience proposed question focusing on what will guide physicians in the recommendations for individual patients to identify the most beneficial treatment option to treat chronic spontaneous and inducible urticaria. Both experts delve into the current treatment options available, and exciting treatments that are currently in clinical trials.</p> <p>Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here.</p> <p>Utilise the following external links to access additional resources relating to the topics discussed in this episode: Dupilumab in CSU, Remibrutinib in CSU, Bruton's tyrosine kinase inhibition—An emerging therapeutic strategy in immune-mediated dermatological conditions, An open-label, proof-of-concept study of lilecelesimab for antihistamine-resistant chronic spontaneous and inducible urticaria, Barzolvolimab in mast cell depletion, Chronic spontaneous urticaria: Focus on pathophysiology to unlock treatment advances, Chronic urticaria and the pathogenic role of mast cells and Urticaria (an overview).</p> <p>Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podcast episodes!</p> <p>For more information about the UCARE/ACARE network and its activities please visit: UCARE Website, UCARE LevelUp Program, ACARE Website, UCARE 4U Website, UDAY Website, CRUSE Control App and CURE Registry</p>	<p><a href="https://open.spotify.com/episode/583RbSUJXGIwZn8wncxBV7si=5h53DVWKR-QHeHTWkv8TA">https://open.spotify.com/episode/583RbSUJXGIwZn8wncxBV7si=5h53DVWKR-QHeHTWkv8TA</a></p>	<p><a href="https://podcasts.apple.com/gb/podcast/episode-65-audience-proposed-question-guidance-for/id1534168851?i=1000621368049">https://podcasts.apple.com/gb/podcast/episode-65-audience-proposed-question-guidance-for/id1534168851?i=1000621368049</a></p>
<p>Episode 66: Urticaria and the CRUSE app</p>	<p>Aiste Ramanauskaite</p>	<p>Germany</p>	<p>Professor Marcus Maurer is joined by Dr Aiste Ramanauskaite to explore the CRUSE app's potential advantages for individuals suffering from chronic spontaneous urticaria. Professor Maurer emphasises the importance and utilisation of the CRUSE app, while Dr. Ramanauskaite delves into the various benefits and practical applications offered by the app.</p> <p>Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here.</p> <p>Utilise the following external link to access additional resources relating to the topics discussed in this episode: UCARE YouTube Channel.</p> <p>Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podcast episodes!</p> <p>For more information about the UCARE/ACARE network and its activities please visit: UCARE Website, UCARE LevelUp Program, ACARE Website, UCARE 4U Website, UDAY Website, CRUSE Control App and CURE Registry</p>	<p><a href="https://open.spotify.com/episode/0PD6ekypRNBCKnqBAMtH5y7si=biXeQW2ND4uGQz18g8dovW">https://open.spotify.com/episode/0PD6ekypRNBCKnqBAMtH5y7si=biXeQW2ND4uGQz18g8dovW</a></p>	<p><a href="https://podcasts.apple.com/gb/podcast/episode-66-urticaria-and-the-cruse-app/id1534168851?i=1000621368049">https://podcasts.apple.com/gb/podcast/episode-66-urticaria-and-the-cruse-app/id1534168851?i=1000621368049</a></p>