| Published Podcasts | Speaker | Speakers Country | Content Resumé | Link to spotify | Link to apple podcast |
|--|---|---------------------|--|--|---|
| Episode 1: Who cares? UCARE | Ana Gimenez-Arnau | Spain | Professor Marcus Maurer is joined by UCARE cofounder, Professor Ana Giménez- Arnau, to discuss the history of the UCARE network and offer practical advice to those | https://open.spotify.com/episode/6aWhg4RnJoa S2XflPeyiW4?si=-bF8Cp9mTHicbH2SgnmHHw | https://podcasts.apple.com/gb/podcast/episod e-1-who-cares- |
| Epidsode 2: Getting a grip on itch | Martin Metz | Germany | Professor Marcus Maurer is joined by itch expert, Professor Martin Metz, who explains that itch is much more than just "the little brother of pain" and describes the research that is currently underway to improve our understanding of this debilitating | https://open.spotify.com/episode/4uQbO2nwkX YzcE2FtX8yf2?si=e4Z-ihCTTQ-MKtSXlybo4w | ucare/id1534168851?i=1000493236810 https://podcasts.apple.com/gb/podcast/episod e-2-getting-a-grip-on- itch/id1534168851?i=1000493236812 |
| Episode 3: Improving patients care with PROMs | Karsten Weller | Germany | symptom. Professor Marcus Maurer is joined by Patient-reported outcome measures (PROMs) expert, Professor Karsten Weller, who explains that while such tools are essential to improve the management of urticaria, they can be challenging to develop. | https://open.spotify.com/episode/7t6D50oG7bv BDajK89AydT?si=nOhaDaNKR9SO9Ktio6dJpg | https://podcasts.apple.com/gb/podcast/episod e-3-improving-patient-care-with- proms/id1534168851?i=1000493236809 |
| Episode 4: Sweat it out | Sabine Altrichter | Germany | In cholinergic urticaria, symptoms may arise as a result any activity that induces sweating. In this episode, Professor Marcus Maurer is joined by cholinergic urticaria expert, Dr Sabine Altrichter, who provides insight into what is currently known about this debilitatine condition. | https://open.spotify.com/episode/508xU3vstOP BJHLFaJRWCV?si=apLu8MUUSrG5e5nu7ZupMw | https://podcasts.apple.com/gb/podcast/episod e-4-sweat-it- out/id1534168851?i=1000496595805 |
| Episode 5: Cold Urticaria: The Future is Bright | Dorothea Therhorst- Molawi | Germany | Cold urticaria expert, Dr Dorothea Terhorst-Nolawi, and host, Professor Marcus Maurer, discuss the complexities of this highly heterogenous condition and explain why they are optimistic about what the future holds for those affected. | https://open.spotify.com/episode/2YtlmxswhL94 luVE99fHcO?si=qh_3CAf1SuKFim4ajJjLCw | https://podcasts.apple.com/gb/podcast/episod e-5-cold-urticaria-the-future-is- bright/id1534168851?i=1000497089574 |
| Episode 6: The Guideline Guru | Torsten Zuberbier | Germany | With the sixth consensus meeting on the EAACI/GA2LEN/EDF/WAO guideline for urticaria fast approaching, Professor Marcus Maurer is joined by Professor Torsten Zuberbier, who explains what you can expect from this new edition. | https://open.spotify.com/episode/0osGl3sFdAcX tijs28cZHW?si=zDQyUMxRSE6dT7all.8E-Bw | https://podcasts.apple.com/gb/podcast/episod e-6-the-guideline- guru/id1534168851?i=1000500098006 |
| Episode 13: Symptomatic Dermographism | Thomasz Hawro | Germany | Despite affecting up to 5% of the population, symptomatic dermographism remains understudied. Discover more about how our ability to diagnose and treat this common and debilitating condition is improving from urticaria expert, Dr Tomasz Hawro. | https://open.spotifv.com/episode/10zHsjhS6QM T10HbeJkwHZ?si=4PWnLByaRuO3PlvdxGQaBw | https://podcasts.apple.com/gb/podcast/episod e-13-symptomatic- dermographism/id1534168851?i=10005113788 78 |
| Episode 14: COLD-CE: Insights from a UCARE Project | Mojca Bizjak | Slovenia | Since its inception in 2018, COLD-CE has collected data on hundreds of patients with cold urticaria from around the world. In this episode, Dr Mojca Bizjak reflects on her experience of running a UCARE project, offering insight and advice for those hoping to do so in the future. | https://open.spotify.com/episode/12SqYp5C3qT 8FNsAp22vnM?si=CH1vy14pQhevKY2PqTY_yw | https://podcasts.apple.com/gb/podcast/episod e-14-cold-ce-insights-from-a-ucare- project/id1534168851?i=1000513244242 |
| Episode 16: Exploring the CSU spectrum: pure angioedema | Connie Katelaris | Australia | Did you know that not all patients with CSU develop wheals? In this episode, Professor Connie Katelaris explains the unique challenges physicians face when diagnosing and managing CSU patients who have pure applicadem without wheals, and offers advice on how to spot pseudoangioedema. | https://open.spotify.com/episode/65sxHiWbAGR VEBOIbQR6aQ?si=4jEXXZkBSKai3avp7q1Peg | https://podcasts.apple.com/gb/podcast/episod e-16-exploring-the-csu-spectrum-pure- angioedema/id15341688517i=1000523027027 |
| Episode 17: Acute urticaria – not so cute after all? | Angèle Soria | France | Did you know 12-20% of the population will experience acute urticaria sometime in their lifetime? In this episode, Dr Anglel Soria explains the differences between acute urticaria and other urticarias, how to manage the condition and what to look out for and highlights her most recent publication. | https://open.spotify.com/episode/17F49FdmlAhl YtmFW8zWQo?si=G-L8WGIGQYmbirfTivRA7Q | https://podcasts.apple.com/gb/podcast/episod e-17-acute-urticaria-not-so-cute-after- all/id1534168851?i=100052462608 |
| Episode 18: The Patient Voice | Casandra Pope | UK | In this very special episode, our host meets Cassandra, a patient who has been affected by CSU for many years. Listen now for unmissable insights into the patient experience and to find out more about what you do to better support your own patients in the future. | https://open.spotify.com/episode/4J80x0z6JHo RUsftertdKw?si=9l1kvL3MQ7imaMY3Q2cK7w | https://podcasts.apple.com/gb/podcast/episod e-18-the-patient- voice/id15341688517i=1000526368363 |
| Episode 19: Unanswered Questions in CSU | Clive Grattan | UK | In this episode, our host is joined by UK-based dermatologist Dr Clive Grattan to address some of the most important unanswered questions in the field of chronic spontaneous urticaria. | https://open.spotify.com/episode/5WCxZQSL0po mo3rKbL76ee?si=AqwklTfPRMG246mAa6ImDg | https://podcasts.apple.com/gb/podcast/episod e-19-unanswered-questions-in- csu/id15341688517i=1000527960319 |
| Episode 20: Urticaria in children | Moshe Ben-Shoshan | Canada | In this episode, our host is joined by Dr Moshe Ben-Shoshan, who shares his pioneering approach to treating paediatric patients and draws on his experience to debunk some of the common myths surrounding childhood urtic | https://open.spotify.com/episode/4dHGHDpuI40 BpnDsHL3qlr?si=Id6o2Ap7TXWa6P735q5hYQ | https://podcasts.apple.com/gb/podcast/episod e-20-not-just-small-adults-managing-paediatric- csu/id1534168851?i=1000529449242 |
| Episode 21: Let's talk comorbidities | Simon Francis Thomsen | Denmark | How do comorbidities affect patients with chronic spontaneous urticaria and what can be done to minimise their impact? Find out more on this crucial, yet understudied topic from our latest guest, Dr Simon Francis Thomsen. | https://open.spotify.com/episode/5tZ1MmCQq8 3bo3BpJ291QD?si=70B9aXa4QViMLc oayJbRg | https://podcasts.apple.com/gb/podcast/episod e-21-lets-talk- comorbidities/id1534168851?i=100053084395 4 |
| Episode 24: Communication technology meets urticariology | Ivan Chérrez Ojeda | Ecuador | In this episode, our host is joined by Dr Ivan Chérrez Ojeda, an urticariologist and communication technology enthusiast, to discuss the potential application of telemedicine in the management of patients with chronic urticaria. | https://open.spotify.com/episode/6BPOXDKiPJH SkWfMiJcRiI?si=wEylYK-bTQiFZ3dO_CrijQ | https://podcasts.apple.com/gb/podcast/episod e-24-communication-technology-meets- urticariology/id1534168851?i=1000535267962 |
| Episode 25: Improving sleep quality in urticaria: more than just a dream? | Caroline Mann | Germany | In this episode, our host is joined by Dr Caroline Mann, an urticariologist and sleep expert, who highlights the profound impact of sleep disturbance on quality of life in patients with urticaria and explains what can be done to address this common, but often overlooked aspect of the disease. | https://open.spotify.com/episode/76ov4UHcHGa lyL8PglVAU1?si=sVkzoZvfRcynGG-InMmukA | https://podcasts.apple.com/gb/podcast/episod e-25-improving-sleep-quality-in-urticaria- more/id15341688517i=1000536843774 |
| Episode 26: All Things ACARE | Anete Grumach | Brazil | Are you familiar with Angioedema Centers of Reference and Excellence (ACARE)? In this episode, our host is joined by Dr Anete Grumach, to celebrate the recent successes of the ACARE network and discuss the future of this exciting initiative. | https://open.spotify.com/episode/1800B4RdYew Ohsq79F6zFb?si=ctdeLn7JSNi5WkUG2MA6gQ | https://podcasts.apple.com/gb/podcast/episod e-26-all-things- acare/id1534168851?i=1000538309155 |
| Episode 27: Gender differences in chronic urticaria | Laurence Boulliet | France | It is well known that chronic urticaria is more common in women than men, but why is this the case? In this episode, our expert guest, Professor Laurence Bouillet, explores gender-based differences in this disease. | https://open.spotifv.com/episode/0ZsjtuHxTImq DSkO7JCIVI?si=p93WKYBDRWqbe_rUqAqapA | https://podcasts.apple.com/gb/podcast/episod e-27-gender-differences-in-chronic- urticaria/id1534168851?i=1000539737833 |
| Episode 28: The pathogenesis of chronic spontaneous urticaria, when will we have a cure? | Riccardo Asero | Italy | Does our current understanding of the pathogenesis of CSU provide hope of a cure for this challenging disease? Find out what Dr Riccardo Asero has to say as he joins our host to discuss some of the most fundamental questions in the field of urticariology. | https://open.spotify.com/episode/69tKD0ME8HI MFQTakbZ5Xe?si=lxP_B_iBRImNaTZB5f1Afg | https://podcasts.apple.com/gb/podcast/episod e-28-the-pathogenesis-of-csu-when-will-we- have-a-cure/id1534168851?i=1000541208876 |
| Episode 29: Paediatric Urticaria – Challenges and Solutions | Petra Staubach-Renz | Germany | In this episode, paediatric urticaria expert and UCARE driving force, Professor Petra Staubach-Renz reflects on her experience of treating children with chronic urticaria and calls for more research into this important yet understudied group of patients. | https://open.spotify.com/episode/1YLas0146kaL OTCdOYdZ2g?si=UFeStPWpTWa9Luff08WgDA | https://podcasts.apple.com/gb/podcast/episod e-29-paediatric-urticaria-challenges-and- solutions/id1534168851?i=1000542807394 |
| Episode 30: Shining a Light on Solar Urticaria | Lesley Rhodes | UK | In this episode, photodermatology expert, Professor Lesley Rhodes, sheds light on one of the rarer forms of chronic inducible urtherars solar urticaria. This includes a practical guide to diagnosis and referral, as well as a summary of the unment needs that remain in the management of this understudied condition. | https://open.spotify.com/episode/5Qr10op5Mrg ZzJoUlcNIKl?si=WcOhGmLmR4m9ft.FdQLWSNw | https://podcasts.apple.com/gb/podcast/episod e-30-shining.a-light-on-solar- urticaria/id1534168851?i=1000544209919 |
| Episode 33: Paediatric Urticaria - Current Practice and Future Prospects | Vicky Xepapadaki | Greece | Dr Vicky Xepapadaki joins the podcast to share her knowledge of paediatric urticaria, including current treatment strategies and unmet needs. | https://open.spotify.com/episode/0MiC4g8Cl4gJ 1WCbElfceV?si=6GzryPiuSke7mLujviy-vA | https://podcasts.apple.com/gb/podcast/episod e-33-paediatric-urticaria-current-practice- and/id1534168851?i=1000548208950 |
| Episode 34 - Improving urticaria education: an international perspective | Désirée Larenas- Linnemann | Mexcio | In this episode, Dr Désirée Larenas-Linnemann joins our host to discuss the importance of providing better education on urticaria for patients and physicians around the world. Or Larenas-Linnemann also highlights international differences in educational needs and the role of UCARE programmes in addressing these. | https://open.spotify.com/episode/3KDpFhQzQcz fYOUZ8XdGii?si=726TkNwyRsKPnDxd5yWc9Q | https://podcasts.apple.com/gb/podcast/episod e-34-improving-urticaria-education- an/id1534168851?i=1000549640567 |
| Episode 35 - CRUSE CONTROL: A Chronic Urticaria Self- Evaluation App | Sophia Neisinger | Germany | In this episode, Dr Sophia Neisinger joins the podcast to introduce the CRUSE CONTROL app, which has been developed to help support chronic spontaneous urticaria self-evaluation and aims to improve patient quality of life. | https://open.spotify.com/episode/5qWMYU3VFE rzV4BTkdCP1N?si=pExZIXUBRSShEws7RPgyZQ | https://podcasts.apple.com/gb/podcast/episod e-35-cruse-control-a-chronic-urticaria- self/id1534168851?i=1000551857326 |
| Episode 36: Are you CSU aware? | Christian Vestergaard | Denmark | In this episode, our host is joined by Dr Christian Vestergaard, who offers expert insight into the results of the AWARE study and highlights the urgent need for wider dissemination of the guidelines for CSU management. | https://open.spotify.com/episode/6R6R6p35Bs6 eMByb0ZaEtS?si=cCPjfKyoQ8GRHyuk3-tRBQ | https://podcasts.apple.com/gb/podcast/episod e-36-are-you-csu- aware/id1534168851?i=1000553551474 |
| Episode 37: UCARE Behind the Scenes Special (Part 1) | UCARE office Team: Laura Schwenner, Julia Föll, Reinhardt Britz, Rebekka Locke | Germany | In this very special two-part episode, Professor Marcus Maurer is joined by not one, but four of his UCARE office colleagues to give listeners exclusive insight into the inner workings of the UCARE network, including advice on how to become a UCARE centre and updates on exciting new UCARE initiatives. | https://open.spotify.com/episode/3CEnoHXZzxrF FuBYD5Kbti?si=wPHWSq0-TuSxJzbw17Tolw | https://podcasts.apple.com/gb/podcast/episod e-37-ucare-behind-the-scenes-special-part- 1/id1534168851?i=1000555561742 |
| Episode 38: UCARE Behind the Scenes Special (Part 2) | UCARE office Team: Laura Schwenner, Julia Föll, Reinhardt Britz, Rebekka Locke | Germany | In part two of this very special episode, Professor Marcus Maurer is joined once again by his colleagues from the UCARE office to discuss the UCARE LevelUp and UCARE AU programmes, which aim to inform and educate patients and physicians on the management of chronic urticaria. To find out more information on UCARE, please visit gailen-ucare. com. | https://open.spotify.com/episode/5jtnw1Wnr5q BTCFWn6Do68?si= cGtyFURSLiPbUQYHBkbPQ | https://podcasts.apple.com/gb/podcast/episod e-38-ucare-behind-the-scenes-special-part- 2/id15341688517i=1000556279009 |
| Episode 39: Chronic Urticaria: A North American Perspective | Jonathan Bernstein | USA | Professor Jonathan Bernstein joins the podcast to discuss chronic urticaria (CU) care in the USA. In this episode, Professor Bernstein shines a light on the challenges faced by US-based physicians and highlights the potential benefits of conducting further research into the diverse population living with CU in North America. | https://open.spotify.com/episode/35AKijeFYSirp EslLvVOJj?si=1 x5LJgcRn-R1xCYefLYCw | https://podcasts.apple.com/gb/podcast/episod e-39-chronic-urticaria-a-north-american- perspective/id1534168851?i=1000558038834 |
| Episode 40: Chronic Urticaria: An Indian Perspective | Kiran Godse | India | In this episode, our host is joined by Professor Kiran Godse who shares his experiences of treating CSU in India. Professor Godse provides unmissable insights into the practicalities of CSU care, including economic considerations, as well as his plans to increase the UCARE network's presence in India and facilitate wider dissemination of educational resources. | https://open.spotify.com/episode/05eRfkGojRcM yUDVnKvJKA?si=ZEg33zhwQTCyzrQ7VGuUSA | https://podcasts.apple.com/gb/podcast/episod e-40-chronic-urticaria-an-indian- perspective/id15341688517i=1000561575337 |
| Episode 41: Chronic Urticaria: A Middle Eastern Perspective | Mona Al-Ahmad | Kuwait | Dr Mona Al-Ahmad joins the podcast from the UCARE centre in Kuwait to share her insights into the UCARE network's Middle Eastern activities. Dr Al-Ahmad also takes time to reflect on what more can be done to improve the lives of people living with chronic urticaria and those caring for them. | https://open.spotify.com/episode/63ca5hQNxoN 1tdbxRgYveM?si=l4lyFyfDTI-fM0BnAf78pg | https://podcasts.apple.com/gb/podcast/episod e-41-chronic-urticaria-a-middle-eastern- perspective/id15341688517i=1000564642298 |

| Episode 42: Chronic Urticaria: A Latin American | Maximiliano Gómez | Peru | In this episode, Dr Maximiliano Gómez shares his tips and tricks for improving the diagnosis and management of chronic urticaria and calls for wider dissemination of | https://open.spotify.com/episode/3qxirN2O48ju | https://podcasts.apple.com/gb/podcast/episod e-42-chronic-urticaria-a-latin-american- |
|---|---|--------------|--|--|---|
| Perspective | Maximum Comer | 1010 | good quality information to patients living in Argentina and beyond. | eGWSIZWhFD?si=OV2u4S2-SxSWxbZvGrvpng | perspective/id1534168851?i=1000565364547 |
| Episode 43: Chronic Urticaria: A South-African Perspective | Jonny Peters | South Africa | Hear Associate Professor Jonathan Peter (Division of Allergy and Clinical Immunology, Department of Medicine, University of Cape Town, South Africs, aftergy and Immunology Unit, University of Cape Town Lung Institute, South Africal explain regional differences in urtizaria in South Africa, with a Gous on epidemiology, patient beliefs and education, and the CRUSE App | https://open.spotify.com/episode/1IUc8N6WySb PYv1ankwTVU?si=yutn4zRITjaHLeHdrsoU_A | https://podcasts.apple.com/gb/podcast/episod e-43-chronic-urticaria-a-south-african- perspective/id1534168851?i=1000567235164 |
| Episode 44: COVID 19 Vaccinations | Emek Kocatürk Göncü | Turkey | Prof. Emek Kocatürk joins Professor Marcus Mauer in this episode of All Things Urticaria to discuss the effects of the COVID 19 pandemic on CSU patients, and how COVID 19 vaccines impacted the exasperation of chronic spontaneous urticaria as part of the COVAC-CU study. | https://open.spotify.com/episode/2j0S82RkmraB ojPltkxHLa?si=phP4JR6zQBe9m9ZNppyFow | https://podcasts.apple.com/gb/podcast/episod e-44-all-things-urticaria-covid-19- vaccinations/id1534168851?i=1000568864204 |
| Episode 45: Chronic Urticaria: A Turkish Perspective | Murat Türk and Ragıp Ertaş (ragipertas@gmail.com) | Turkey | Professor Marcus Mauer is joined by Dr Murat Türk and Dr Ragip Ertaş of UCARE in Turkey to discuss advancements in the treatments of urticaria, with a special focus on the implementation of artificial intelligence and machine learning. | https://open.spotify.com/episode/725PTJn8il6YC 3mAyVfsuv?si=bmagv6GLQH-6Qj3loAHPLQ | https://podcasts.apple.com/gb/podcast/episod e_45-a-turkish- perspective/id1534168851?i=1000574877711 |
| Episode 46: Chronic Urticaria: A Chinese Perspective | Zuotao Zhao | China | During this episode, Professor Marcus Mauer is joined by Dr Zuotao Zhao of Beijing Medical University, China, to discuss the growing problem of chronic spontaneous urticaria within the Chinese population and delve into possible causes of such a high incidence. | https://open.spotify.com/episode/6hnZoMe4WV 4PZYJzIjDMwr?si=FhKNHxHKT0qQ3Y55XCWYcQ | https://podcasts.apple.com/gb/podcast/episod e-46-chronic-urticaria-a-chinese- perspective/id1534168851?i=1000577447771 |
| Episode 48: Patient advocacy and seeing through the patient's eyes | Elaine Dery | Canada | In this episode Professor Marcus Maurer is joined by patient and patient advocate Elaine, who experiences chronic urticaria. She highlights the importance of connecting patients with each other, and discusses the opportunities that arise when patients work together with healthcare professionals. | https://open.spotify.com/episode/4uNHNDUfD9 D08pVWz07bRJ?si=fKaKT4iPQEmc7hnoni_zyA | https://podcasts.apple.com/gb/podcast/episod e-48-patient-advocacy-and-seeing- through/id1534168851?i=1000580294317 |
| Episode 50: The Development of Treating Urticaria over the last two decades | Luis Felipe Ensina | Brazil | Professor Marcus Maurer is joined by Professor Luis Felipe Ensina where they discuss the founding days of urticaria treatment, and how urticaria chinics became available. Professor Maurer and Professor Ensina discussed how the treatment landscape, diagnostic techniques and further developments in the advancement of how clinicians treat patients with urticaria have evolved over the last two decades. | https://open.spotify.com/episode/6gscfar11Cefc u1ycllwan?sis:TlqYy7UkQm:xH7yW00QdIQ | https://podcasts.apple.com/de/podcast/episod e-50-the-development-of-treating- urticaria/id15341688517i=1000586261447 |
| Episode 51: Chronic Spontaneous Urticaria: Never Give Up | Silvia Ferrucci | Italy | In this episode, Professor Silvia Ferrucci joins Professor Marcus Maurer in discussing what the phrase Never Give Up' means to physicians treating urticaria, and for patients embarking on their treatment journey. Areas of special focus are given to guideline treatment algorithms and the implementation of the CRUSE app and Chronic Urticaria Registry (CURE) as tools to shift the balance of treating urticaria | https://open.spotify.com/episode/05hXQt42Ydb Y0ytuqitPlp?si=Cbcaa1flSs-LcHpdGMP3BA | https://podcasts.apple.com/de/podcast/episod e-51-chronic-spontaneous-urticaria-never-give- up/id15341688517i=1000587954049 |
| Episode 53: Recurrent Angioedema in Chronic Spontaneous Urticaria | Asli Gelincik | Turkey | Professor Marcus Maurer is joined by Professor Adi Gellincik as they discuss recurrent angioedema in chronic spontaneous urticaria, and treatment options which are currently available to alleviate this pathology. The mechanistic actions of mast cell- mediated angioedema and bradykini-mediated angioedema are discussed and their implications are analyses. | https://open.spotify.com/episode/0iGUNAuOOX nuwGXYiOC157?si=VrsMa0aiSHeTzdtUk3d_qA | https://podcasts.apple.com/gb/podcast/episod e-53-recurrent-angioedema-in-chronic- spontaneous/id15341688517i=1000593240990 |
| Episode 55: Delayed Pressure Urticaria in the CSU Landscape | Alicja Kasperska-Zając | Poland | Professor Alicja Kasperska-Zjaic, joins Professor Marcus Maurer to discuss a rare form of chronic inducible urticaria – delayed pressure urticaria. The discussion highlights the difficulties in undertaking differential diagnosis and the main differences when compared to chronic spontaneous urticaria, namely the absence of oedema and wheals. | https://open.spotify.com/episode/2moQMmYUb 7HSRFFHRVVoFS?si=Fq0-hGerTEybJ6H2nx4uvA | https://podcasts.apple.com/gb/podcast/episod e-55-delayed-pressure-urticaria-in-the-csu- landscape/id15341688517i=1000598621172 |
| Episode 58: Symptomatic dermographism in Chronic Urticaria | Melba Munoz | Germany | Professor Marcus Maurer is joined by Dr Melba Munoz to take a deep dive into symptomatic dermographism. The discussion aims to explain the involvement of mast cells in CSU patients and attempts to answer some ongoing questions to help unravel the pathogenesis of dermographism in chronic urticaria. | https://open.spotify.com/episode/383y74ViRvl6 OLbzVAcbkx?si=tzYoyXziSGSVyLEajCZHVQ | https://podcasts.apple.com/gb/podcast/episod e-58-symptomatic-dermographism-in-chronic- urticaria/id1534168851?i=1000605023952 |
| Episode 60 - Updates from AAAAI Conference 2023 | Luis Ensina | Brazil | Professors Marcus Maurer and Luis Felipe Ensina deliberate on the most recent findings that emerged at The American Academy of Allergy, Asthma & Immunology (AAAAI) conference held in San Antoion, Texas, in particular, Professor Maurer discusses poster presentations concerning the efficacious use of ornalizumab and dupliumab for the management of urideriar. Professor Ensina expands the discussion by outlining ongoing projects and upcoming projects within UCARE that will be presented at the forthcoming UCARE conference in São Paulo in 2023. | https://open.spotify.com/episode/10K57XE7caiP DCE6w19X8124=TSSPFK2YR6KpUllyrh84PTW | https://podcasts.apple.com/gb/podcast/episod e-60-undates-from-asals-conference- 2023/d15341688517i=1000610541063 |
| Episode 61: Bruton's tyrosine kinase inhibitors in the treatment of CSU | Luisa Karla Arruda | Brazil | Professor Karla Arruda and Professor Marcus Maurer discuss the development and implementation of UCARE in Brazil, and its potential benefits for individuals suffering from chronic spontaneous uriterial (CSU). The conversation extends towards exploring the framework of the Brazilian UCARE centres and projects, and how it can be implemented in other countries. Professor Maurer debes into the clinical efficacy, advantages, and impact on patient quality of life of utilising Bruton's tyrosine kinase inhibitors for the treatment of CSU, along with further discussion of alternative treatments. | https://open.spotifs.com/spisade/5n99kG9n0b5 86Q2l2HKV/hii=E37L59xT4GEuxXP9M13KQ | https://podcasts.apple.com/pb/podcast/episod e-61-brutons-tyrosine-kinase-inhibitor-in- the/id15341688512 =1000611889825 |
| Episode 62: The role of angloedema in the treatment of CSU | Marc Riedl | USA | Professor Marcus Maurer is accompanied by Professor Marc Riedl to delve into the symptomatology and pathophysiology of angioedema in chronic spontaneous urticaria (SUL) The mechanistic actiology of angioedema within the ontext of CSU pathology is also explored. Professor Marc Riedl examines therapeutic treatments for patients concurrently experiencing angioedema in CSU while exploring how the characterisation of autoimmune and auto allergic pathophysiological mechanisms can impact treatment decisions. Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here. For more information on all UCABE activities please visit: https://gazlen-ucare.com/ and utilise the following external links to access additional resources relating to the topics discussed in this episode: Angioedema - Ten Questions, Differences and Similarities in the Mechanisms and Clinical Expression of Bradykinin-Mediated vs. Mast Cell-Mediated Angioedema, WAO/EAACI guideline for HAE. The international EAACI/GA*LEN/EuroGui/Derm/APAAACI guideline for the definition, classification, diagnosis, and management of urticaris, and Corisensus on treatment goals in hereditaria, and Corisensus on treatment goals in | https://open.spotify.com/episode/638u/vgCQBjF gQY2byhPCb27si=U3mQeYeeSF-9mH+aasS4og | https://podcasts.apple.com/gb/podcast/episod e-82-the-role-of-angloedema-in-the-treatment- of-csul/d153416885137=1000614967429 |
| Episode 64: Urticaria - A general practitioner's perspective | Dermot Ryan | UK | Professor Marcus Maurer is joined by GP Dr Dermot Ryan to discuss the role of GPs in the diagnosis and management of chronic urticaria. Professor Maurer and Dr Ryan highlight the positive impact that physicians have in limiting patient distress while increasing patient confidence, despite the time-limited interactions. They also explore the impact of mistreatment on a patient's life. Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here. Utilise the following external links to access additional resources relating to the topics discussed in this episode: The international EAAC/GA*EN/EuroGuiDerm/APAAACI guideline for the definition and Clinical review: The suggested management pathway for urticaria in primary care. Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podcast episodes! For more information about the UCARE/ACARE network and its activities please visit: UCARE Website, UCARE Levelup Program, ACARE Website, UCARE 4U Website, UDAY Website, CRUSE Control App and CURE Registry. | https://open.spotify.com/episode/1/tUomS/YNd ZTdAvOYNPec?ni=MDadZpZTRKSNpdSGuKBV1g | https://podcasts.apple.com/eb/podcast/episod e-64-urticaria-ageneral-practitioners- perspective/sd15341688517i=1000618105876 |

| Episode 65: Audience proposed question - Guidance for potential treatments of CSU | Martin Metz | Germany | Professor Martin Metz joins Professor Marcus Maurer to answer an audience proposed question focusing on what will guide physicians in the recommendations for individual patients to identify the most beneficial treatment option to treat chronic spontaneous and inducible urticaria. Both experts delve into the current treatment options available, and exciting treatments that are currently in clinical trials. Do you have suggestions for future opisodes? Please provide feedback and offer your suggestions for future topics and expert selection here. Utilise the following external links to access additional resources relating to the topics discussed in this episode: Dupliumab in CSU, Remibrutinib in CSU, Brotton's tyrosine kinase inhibition—An emerging therapeutic strategy in immune-mediated dermatological conditions, an open-label, proof-of-concept study of literatelimab for anthitistamine-resistant chronic spontaneous urticaria. Focus on pathophysiology to unlock treatment advances, Chronic urticaria and the pathogenic role of mast cells and Urticaria (an overview). Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podcast episodes! For more information about the UCARE/ACARE network and its activities please visit: UCARE Vebsite, UCARE Levellup Program, ACARE Website, UCARE 4U Website, UDAY Website, UCARE Control App and CURE Registry | https://open.spotify.com/episode/583RbSUIXGI w2N8wmcx8YV7si=5h53DVWKR—QHeHTWkv8TA | https://podcasts.apple.com/sb/podcast/episod e-65-audisnoe-proposed-question-guidance- for/id15341688512*=1000619143567 |
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| Episode 66: Urtikaria and the CRUSE app | Aiste Ramanauskaite | Germany | Professor Marcus Maurer is joined by Dr Aisté Ramanauskaité to explore the CRUSE app's potential advantages for individuals suffering from chronic spontaneous untraina. Professor Maurer emphasies the importance and utilisation of the CRUSE app, while Dr. Ramanauskaité delves into the various benefits and practical applications offered by the app. Do you have suggestions for future episodes? Please provide feedback and offer your suggestions for future topics and expert selection here. Utilise the following external link to access additional resources relating to the topics discussed in this episode: UCARE YouTube Chammel. Access additional resources by signing up to Medthority and to be notified for future 'All Things Urticaria' podesate pisodes! For more information about the UCARE/ACARE network and its activities please visit: UCARE UCARE UCARE (AU Website, UDAY Website, CRUSE Control Anna and CLISE Revietry. | https://open.spotify.com/episode/0PD6ekypRNb CKng8AMtU5y7si=biXe0W2NQ4uGQ218g8dqYw | https://podcasts.apple.com/sb/podcast/episod e-66-urticaria-and-the-cruse- app//d15341688517=1000621368049 |